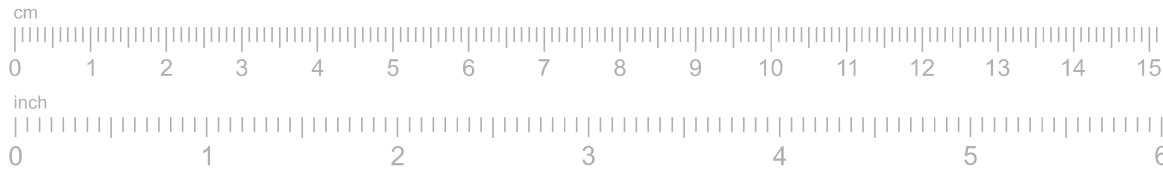


Printing instructions

1 Print the sizing guide

- Print on U.S. Letter or A4-sized paper.
- Ensure you select "Actual size" and not "Fit" in the printer settings.
- For best results, print in color.



2 Measure your printout

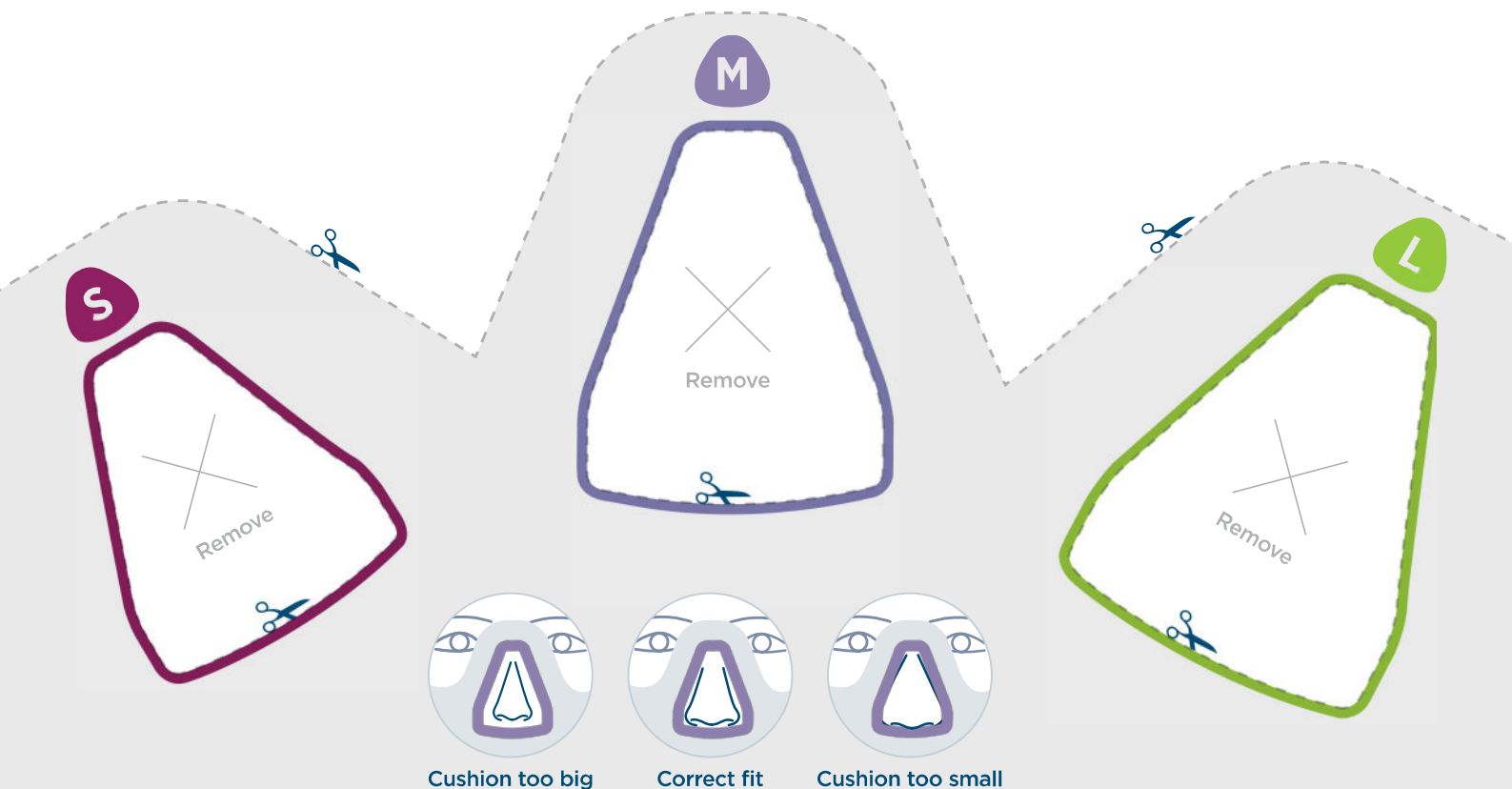
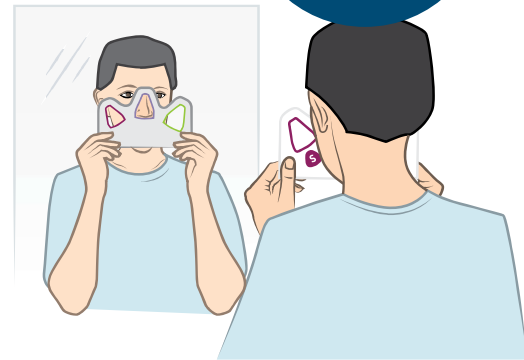
- Place your ruler on the scale below and ensure they measure the same.

TIP

Use a mirror or ask someone else to assist you with sizing.

Sizing guide instructions

- Carefully cut along the dotted lines.
- Place the guide against your face so that your nose protrudes through one sizing hole at a time.
- Choose the size that best fits your nose.



This product may not be right for you. Read the warnings and instructions for use before purchase. F&P Nova™ Nasal may not be available in all markets.